



Classical Martial Arts Centre

(CMAC Hasu & Sakura Dojo)

Karate Intermediate/Advanced Schedule - Effective May 10, 2010

KARATE-DO & JIU JITSU ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Evening Classes							
Green	6:45-8:00 S	7:45-9:00 H	6:15-7:30 H 6:45-8:00 S	7:15-8:30 H	6:15-7:30 S		
Blue	6:45-8:00 S	7:45-9:15 H	6:15-7:45 H 6:45-8:00 S	7:15-8:45 H	6:15-7:30 S		
Brown & Mudansha		7:45-9:15 H	6:15-7:45 H	7:15-9:00 H			
	6:45-8:30 S		6:45-8:30 S		6:15-8:00 S		
Black	7:30-9:30 H		7:30-9:30 H		6:15-8:00 S		
Afternoon Classes							
Green, Blue, Brown		1:00-2:30 H		11:30-12:45 S	1:00-2:30 H	2:30-3:30 H	
Mudansha and Black		1:00-3:00 H		11:30-12:45 S	2:00-4:00 H	2:30-4:30 H	

PLEASE ARRIVE AT LEAST TEN (10) MINUTES BEFORE CLASS.

